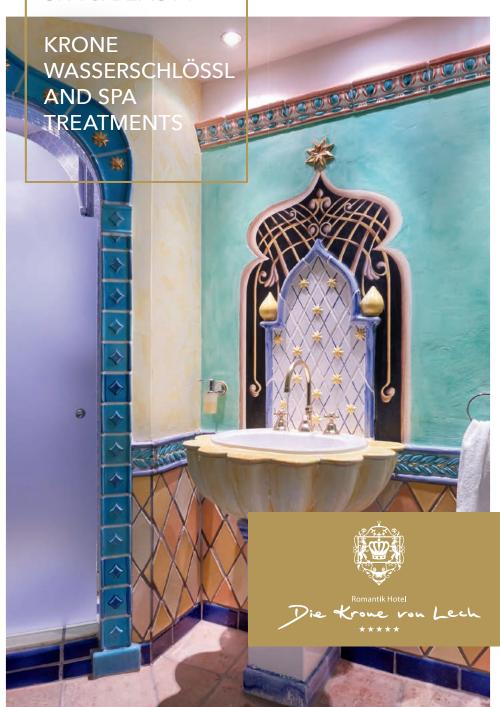
# SPA & BEAUTY







### SPA ETIQUETTE

#### **OPENING HOURS**

Krone Wasserschlössl 8 am to 8 pm

Spa reception 8 am to 8 pm in winter, 10 am to 7 pm in summer

#### ADVANCE BOOKING

To secure your spa appointment, we recommend you book your preferred treatment before you arrive. We will endeavour to accommodate your requests for a specific therapist where possible. Please contact Krone SPA & Beauty on +43 5583 2551-521 or at spa@kronelech.at. Upon arrival, you will then receive your personal appointments schedule at the reception.

#### **CANCELLATIONS**

If you are unable to attend a booked appointment, we request that you cancel 24 hours beforehand. If cancellation in advance is not possible, please note that an 80% cancellation fee will be incurred.

#### ARRIVAL

We recommend that you arrive at the spa reception approx. 10 minutes before your appointment and drink a cup of healthy tea or a glass of fresh spring water first. The treatment time is all about you. Look forward to it – close your eyes, breathe deeply and experience a feeling of pure relaxation and wellbeing.

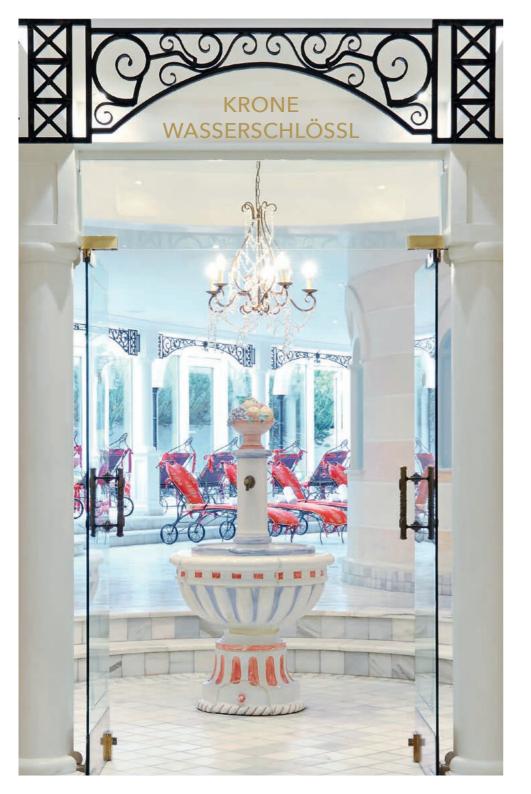
Please note that if you are late for your appointment, your treatment will still finish at the designated time to avoid delaying other guests. We ideally recommend planning a 20 minute rest period after the treatment to enable you to savour the full effects and special feeling created by this regal spa treatment.

#### SPECIAL REQUESTS

We try to accommodate any special wishes for your treatment. We will ask you about your preferences before the treatment begins. Our therapists will handle this information in the strictest of confidence.

#### **SUITABLE CLOTHING**

We request that you remove all clothing apart from underwear for massages, cosmetics treatments and body therapies and attend the appointment in the dressing gown provided in your hotel room. We can also supply disposable underwear for men and women. During the treatment, a cloth or towel will be used to cover intimate areas.



#### PANORAMA INDOOR POOL

Spacious indoor pool with fabulous view of the Lech mountains. Facilities include whirlpool, jet cannon, massage jets with tingling bubbles, counter-current system and water geysers. The stylish loungers face the pool and mountains.

#### **OUTDOOR WHIRLPOOL**

Hydrotherapy pool with back and foot massage jets and majestic views of the Alps.

#### **RELAXATION ZONE**

Sophisticated ambience and meditative calm. Cosy loungers with wonderful soft pads.

#### **LECH FINNISH SAUNA**

Sweat the traditional way with supervised sauna sessions infused with scents of spruce and local alpine woods at approx. 90°C.

#### **VITALITY SAUNA**

Strengthens the immune system and calms the senses through colour light therapy at approx. 65°C.

#### **HERBAL AROMA STEAM BATH**

Clears the airways through inhalation of mild steam enriched with herbal and flower extracts at approx. 65°C.

#### **TURKISH STEAM BATH**

Stimulates skin circulation, remedy for the airways and cleanses the skin at a moderate temperature of approx. 47°C.

#### **TEPIDARIUM**

Purifies and detoxifies the body and strengthens the immune system on warmed stone loungers with radiant heat from the heated walls and floors of approx. 39°C.

#### **FOOT CONTRAST BATH**

Stimulates circulation and strengthens the veins through the alternating cold and warm baths.

#### **SOLARIUM**

Maintains or boosts the natural tan. Tokens are available at the spa or hotel reception: 10 minutes ( $\in$  12) or 20 minutes ( $\in$  24).

#### **FITNESS STUDIO**

Stretch, strengthen and work out on the treadmill, ergometer, cross trainer, power station, stepper and with dumbbells. Sportswear is required for training. Older children from the age of 15 may use the gym with parental consent.

## **MASSAGES**

### **CLASSIC MASSAGE** Relieves the tension in your muscles. 25 minutes € 65 50 minutes € 95 **FOOT REFLEXOLOGY MASSAGE** Mobilises the body's reserves. 25 minutes € 65 MANUAL LYMPH DRAINAGE Purification therapy for light legs and physical wellbeing. Face, neck and cleavage, 25 minutes € 65 Legs, 50 minutes € 95 Full body, 80 minutes € 140 **SPORTS MASSAGE** A special massage for regeneration after a fitness programme. 25 minutes € 75 50 minutes € 105

## **BODY TREATMENTS**

#### THALASSO FLEUR DE SEL BODY PEELING

A dynamic body peeling that refines the skin. Combine with a visit to the steam bath for the perfect result after an active day.

20 minutes € 45

### TEA FLEUR DE SEL BODY PEELING

A fleur de sel body peeling with extracts from the aloe vera plant and precious teas. Freshness and care for thirsty skin.

20 minutes € 45

#### THALASSO ALGAE BODY WRAP

A body wrap that stimulates the metabolism. The power of the sea algae vitalises, cleanses and improves the complexion.

30 minutes € 60

# **FACIAL TREATMENTS**

PURE - FOR CLARITY Cleansing, peeling, deep cleansing, moisturising and finishing treatment	mask
60 minutes	€ 135
EXCLUSIVE - FOR SPECIAL TREATMENT Cleansing, peeling, deep cleansing, ampoule, facial massage including neck and décolleté, finishing treatment 90 minutes	€ 170
20 mmates	
MINI - FOR THE CLASSIC Cleaning, ampoule, finishing treatment 25 minutes	€65
INTENSIVE - FOR THE HERE AND NOW	
Cleansing, peeling, collagen ampoule and facial massage, finishing treatment	
45 minutes	€ 95
MEN - FOR THE HEROES Cleansing, peeling, intensive facial massage, power care with a kick of freshness 60 minutes	€ 120

# **INDIVIDUAL TREATMENTS**

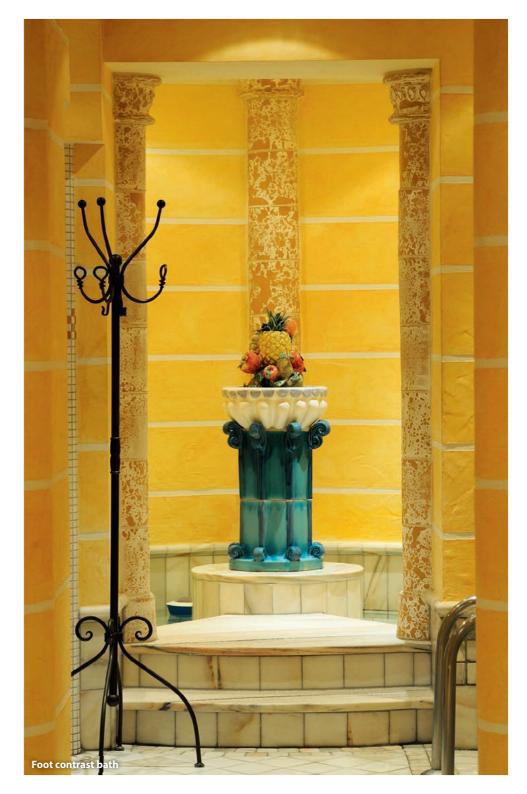
COSMETIC MANICURE 40 minutes	€ 50
50 minutes with varnish	€60
COSMETIC PEDICURE	
40 minutes	€ 50
50 minutes with varnish	€60
HAIR REMOVAL	
Upper lip	€ 15
Chin	€ 15
Legs up to the knee	€ 35
Entire leg	€ 50
Bikini zone	€ 25
Armpits	€ 25
Back and chest	€ 35
RADIANT EYES	
Eyebrow dying	€ 15
Eyebrow shaping	€ 15
Eyelash dying	€ 15
MAKE-UP	
30 minutes	€ 40

The publication of this price list renders all previous price lists invalid. The minutes listed are a guideline and may differ slightly from the actual duration of treatment. Subject to change, errors may occur. Published: September 2021. Photos: Romantik Hotel "Die Krone von Lech", Gudrun Kaiser, Heidegger Fotografie, Herbert Lehmann.









# **RELAXATION**

